



## Independent Options (Milestone/Entry Level) - Q022

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If you are a young adult or school leaver with learning difficulties and you would like to improve your independence and social skills then this course will help you. You will work towards either the Award, Certificate or Diploma qualification once you have taken part in an assessment.

### COURSE DETAILS

You will develop the skills to make decisions to cope with your daily life as an adult. You will work towards individual goals for literacy and numeracy as well as increasing the social skills that you will use in everyday situations.

You will be encouraged to identify your strengths as well as the skills to be developed and will have regular group and individual tutorials to help you do this.

Literacy and Numeracy are developed through practical activities. Numeracy will include counting, the use of money, telling the time, weighing and measuring. Literacy will include speaking and listening as well as reading social sight signs.

Some learning will take place out in the community and visits to places of interest are an important part of the course. You will learn in a small group and will have support at all times.

You may work towards qualifications in numeracy, communication and personal and social development and/or College certificates for individual goals.

The course is designed to enhance students life skills in different contexts. They are appropriate for a diverse range of students including those:

- with specific learning needs
- not yet able to access Functional Skills
- seeking to enhance their personal development

### ENTRY GUIDELINES

All applicants must have an Education Health Care Plan (EHCP) or apply for one in order to attend at this level.

You should be working between Pre-Entry (Milestones 6) and Entry Level 1 of the Adult Core Curriculum.

You should have the potential to develop communication and life skills to support daily living and increase your level of independence. You need to have the commitment to take part in all learning activities. Working as part of a small group is of high importance for this course.

You must have the skills to follow single step instructions in order to remain safe and must also demonstrate appropriate adult behaviour in line with attending a Further Education College.

If English is not your first language, you may need an assessment before enrolling on this course. To discuss further, please contact the ESOL department on 0151 551 7144.

## EQUIPMENT REQUIRED

This will be discussed when we meet with you and your parents/carers as appropriate.

## ASSESSMENT METHOD

Students will be assessed by completing practical activities.

## ADDITIONAL INFORMATION

Application for this course can be made online or by referral by your school directly to the College.

Your tutor will work with you to identify your particular learning and support needs to assist you in studying on this course.

You may be asked to practise your skills at home and it would help if someone could help you to do this.

### **Are you aged 16-18?**

**Study programmes** are full-time courses for 16-18 year olds which include:

- A qualification such as BTEC Extended Diploma
- Meaningful work experience or preparation for work
- English and maths, if you don't already have GCSE grade A\* - C (grade 4 or above) in English and maths
- Non study activities such as tutorials, voluntary work, fundraising/charity work, sport or trips.

## WHEN DOES THIS COURSE RUN?

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 27th July, 2021 and may be subject to change.