



Access to HE Psychology and Mental Health - Y039

If you're passionate about understanding human thoughts, emotions, and behaviours and want to pursue a career in psychology, the Access to HE Psychology and Mental Health is your first step towards a university degree. Designed for students who may not yet have the required grades, this course provides the knowledge, skills, and confidence to progress to a Psychology degree. You will study Psychology as a core subject with Mental Health units to underpin your understanding.

This is an intensive and demanding course, therefore, 100% attendance is expected for successful completion.

COURSE DETAILS

You will need to achieve 60 credits to gain a Level 3 Access to HE Diploma in Psychology. You will study a total of 18 units, 16 worth 3 credits each and 2 worth 6 credits each. For 14 units you can gain a Pass, Merit or Distinction for each unit, and 4 units are ungraded. Some Higher Education courses ask for a certain number of Merits or Distinctions to gain a place on their courses.

ENTRY GUIDELINES

This course is for students aged 19plus.

To study this Level 3 qualification, you will need:

Level 2 Functional Skills English and Maths or GCSE English and Maths at grade 4/C or above

Satisfactory interview and assessment where you should demonstrate your understanding of the career you want to progress to.

If English is not your first language, you may need an assessment before enrolling on this course. To discuss further, please contact the ESOL department on 0151 551 7144.

ASSESSMENT METHOD

You will be assessed through assignments set such as essays, academic posters, reports, research tasks, timed assessments and presentations.

ADDITIONAL INFORMATION

You will be required to complete a written task and which you will bring with you to interview. Evidence must be presented of qualifications.

WHERE CAN I PROGRESS TO?

You can progress to a 3 year degree in Psychology as well as other subjects, such as, Social Work, Health Promotion, Law or Education for example. The College offers a pathway to the University of Liverpool called BSc (Hons) Psychology where you can study 2 years with the college and your final two years with the University. See link below for more information.

[BSc \(Hons\) Psychology \(2 + 2\)](#)

Explore potential careers via [Career Match](#) — it provides current local data on wages and employment prospects.

WHEN DOES THIS COURSE RUN?

CAMPUS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	Full Time	Y039Q001	
If you are aged 19 or over:			
Fee : £5040.00			
<i>The fee quoted is for the academic year 24/25.</i>			

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 07th July, 2025 and may be subject to change.