

A photograph of a laboratory bench with several pieces of glassware. In the foreground, there is a large blue Erlenmeyer flask, a green one, a yellow one, a red one, and a small purple one. In the background, there are more glassware and some electronic equipment with cables.

## Access to HE Psychology and Mental Health - AE305

If you're passionate about understanding human thoughts, emotions, and behaviours and want to pursue a career in psychology, the Access to HE Psychology and Mental Health is your first step towards a university degree. Designed for students who may not yet have the required grades, this course provides the knowledge, skills, and confidence to progress to a Psychology degree. You will study Psychology as a core subject with Mental Health units to underpin your understanding.

This is an intensive and demanding course, therefore, 100% attendance is expected for successful completion.

### COURSE DETAILS

You will need to achieve 60 credits to gain a Level 3 Access to HE Diploma in Psychology. You will study a total of 18 units, 16 worth 3 credits each and 2 worth 6 credits each. For 14 units you can gain a Pass, Merit or Distinction for each unit, and 4 units are ungraded. Some Higher Education courses ask for a certain number of Merits or Distinctions to gain a place on their courses.

### ENTRY GUIDELINES

To study a Level 3 qualification, you will need:

Level 2 Functional Skills English and Maths or GCSE English and Maths at grade 4/C or above

Satisfactory interview and/or assessment

If English is not your first language, you may need an assessment before enrolling on this course. To discuss further, please contact the ESOL department on 0151 551 7144.

## ASSESSMENT METHOD

You will be assessed through assignments set such as essays, academic posters, reports, research tasks, timed assessments and presentations.

## ADDITIONAL INFORMATION

You will be required to complete a written task and which you will bring with you to interview. Evidence must be presented of qualifications.

## WHERE CAN I PROGRESS TO?

You can progress to a 3 year degree in Psychology as well as other subjects, such as, Social Work, Health Promotion, Law or Education for example. The College offers a pathway to the University of Liverpool called BSc (Hons) Psychology where you can study 2 years with the college and your final two years with the University. See link below for more information.

[BSc \(Hons\) Psychology \(2 + 2\)](#)

Explore potential careers via [Career Match](#) — it provides current local data on wages and employment prospects.

## WHEN DOES THIS COURSE RUN?

CAMPUS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	Full Time	AE305-25	
<b>If you are aged 19 or over:</b>			
Fee : £3384.00			
<i>The fee quoted is for the academic year 25/26.</i>			

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 15th September, 2025 and may be subject to change.