



Level 2 Certificate in understanding Children and Young People's Mental Health (Skills Network) - J231

Our level 2 understanding children and young people's mental health course develops the skills needed to understand mental health conditions that affect people, the legislation and guidance surrounding mental health, risk factors that may affect mental well-being and the impact that mental health concerns may have on young people and others.

COURSE DETAILS

Unit 1: Understand children and young people's mental health in context

Learn about the concept of mental health and how society's view of mental health has changed over time. Discover the legislation in place to support mental health.

Unit 2: Understand factors which may affect children and young people's mental health

This unit uncovers the risk factors that can affect young people's mental health and how these can be mitigated. Explore developmental changes and how puberty can impact mental health.

Unit 3: Understand children and young people's mental health concerns

Discover the behaviours displayed that may indicate a mental health concern. Find out about common mental health conditions that affect children and young people.

Unit 4: Understand the impact of children and young people's mental health concerns

Investigate the impact of mental health concerns on children, young people and others and develop an understanding of the importance of diagnosis and the reasons why children and young people may be reluctant to seek a diagnosis.

Unit 5: Understand how to support children and young people with mental health concerns

Here you will explore person-centred approaches to supporting children and young people with mental health concerns, how to promote mental well-being, and the services and treatment involved with children mental health.

ENTRY GUIDELINES

English Functional Skills level 1 or GCSE grade D/3 or above.

If English is not your first language, you may need an assessment before enrolling on this course. To discuss further, please contact the ESOL department on 0151 551 7144.

ASSESSMENT METHOD

You will complete online assessments. Assessments must be completed in the agreed timescale and submitted to the assessor who will then provide feedback, advice and guidance. All assessments must be completed within 12 weeks. You will be provided with an assessor who will then guide you and provide feedback on your work. Students who are successful in online learning are: Self disciplined, Self motivated, Prepared, Have good time management skills

WHERE CAN I PROGRESS TO?

Explore potential careers via Career Match — it provides current local data on wages and employment prospects.

WHEN DOES THIS COURSE RUN?

CAMPUS	STARTS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	28th Mar 2023	Flexible	J231O001	
If you are aged 19 or over: Fee : £299.00 <i>The fee quoted is for the academic year 22/23.</i>				

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 28th March, 2023 and may be subject to change.