



Alcohol Awareness - J217

Our Alcohol Awareness distance learning course aims to raise awareness of the harmful effects of alcohol use and the possible health issues surrounding its consumption, as well as where to seek help if needed.

COURSE DETAILS

Section 1: Alcohol unit strengths

This section covers the unit strengths of different alcoholic drinks.

Section 2: Alcohol misuse

You will identify the main reasons why people may misuse alcohol.

Section 3: Effects of alcohol misuse

In this section, you will learn about some of the psychological and physical effects of alcohol misuse.

Section 4: Health issues

This section covers the ways in which alcohol misuse can impact on health, such as nutrition, the liver, the heart, mental health and sexual health.

Section 5: Withdrawing from alcohol

You will develop your knowledge of the effects of withdrawing from alcohol.

Section 6: Help and information

In this section, you will cover the sources of help and information in relation to alcohol abuse.

ASSESSMENT METHOD

Online learning materials with online assessment

ADDITIONAL INFORMATION

- Our Learner Support network is based in the UK
- Performance management training courses open up many employment opportunities
- Learn from your own home, in your own time
- Access to award-winning learning and assessment materials.

WHERE CAN I PROGRESS TO?

Level 2 Certificate In Counselling Skills

WHEN DOES THIS COURSE RUN?

CAMPUS	STARTS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	09th Aug 2022	Flexible	J217N001	
<p>If you are aged 19 or over:</p> <p>Fee : £30.00</p> <p>Please note, there are no discounts for this course.</p> <p><i>The fee quoted is for the academic year 2020-21.</i></p>				

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 09th August, 2022 and may be subject to change.