



Counselling Studies Certificate - J089

Please note applications for September 2024 are now closed. Applications are now open for courses starting in 2025.

This qualification is intended for candidates who have already acquired a recognised qualification in counselling skills and want to:

- Take the next step in training to become a counsellor.
- Learn more about counselling theory ethics and mental health.
- Prepare for work as a professional counsellor in an agency setting.

This course provided pre-practitioner training.

COURSE DETAILS

The SEG Awards Level 3 Certificate in Counselling Skills qualification covers four topics looking at:

Understanding the Context for the Use of Counselling Skills — This unit is intended to deepen the learners' understanding of the significant differences between a person who uses counselling skills in another occupation and a fully trained and qualified counsellor. Learners will explore key legal and ethical issues based on an ethical framework for counselling and psychotherapy in a multi-cultural and diverse society. The need for and the importance of casework supervision will be highlighted.

Understanding Counselling Theory — Learners will study one major therapeutic model of counselling in depth to empower the learner to reflect constructively on its value and use when working with people. They will also reflect on two other therapeutic models of counselling to raise awareness of other models.

Using Counselling Skills — Through practice, learners will explore a range of skills used within the counselling profession. Additionally, they will understand that sessions in which counselling skills are used are professionally managed activities with a start, middle and end. Cultural differences are recognised, acknowledged, and worked with.

Personal Development for Users of Counselling Skills — Learners reflect on how the study of counselling theory, the use of counselling skills and feedback received can inform personal development and growth, in particular their understanding of self.

ENTRY GUIDELINES

Counselling Skills Certificate L2 or working towards, including minimum 90% course attendance at level 2
Certificate in Counselling Skills or equivalent. that is taught in person.

ADDITIONAL INFORMATION

90% attendance is required but 100% is expected due to the experiential nature of the course.

Please be aware that if your long term goal is to work with vulnerable adults or any person under the age of 18, it will be necessary to undergo a Disclosure and Barring Service (DBS) check at any required college work placement, or eventual place of work.

WHERE CAN I PROGRESS TO?

Allows progression onto the qualification: Diploma in Therapeutic Counselling TC - L4

Explore potential careers via [Career Match](#) — it provides current local data on wages and employment prospects.

You could progress to these Wirral Met courses:

- [J011 - Diploma in Therapeutic Counselling level 4](#)

WHEN DOES THIS COURSE RUN?

CAMPUS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	Part Time	J089Q001	

CAMPUS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
<p>If you are aged 19 or over:</p> <p>Fee : £811.00</p> <p><i>The fee quoted is for the academic year 24/25.</i></p>			

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 14th June, 2025 and may be subject to change.