



## Counselling Skills Award (Introduction) - J018

counselling. Learners will develop an understanding of what counselling is and an appreciation that qualified counsellors and those who use counselling skills abide by an ethical framework. They will learn about the importance of creating the correct environment and the right ethos for the helping relationship to be successful. Communication Skills in Helping Relationships — In this unit, learners will explore effective communication skills used in helping relationships. They will demonstrate a range of listening and responding skills to establish, develop and close interactions. An Introduction to Personal Development — In this unit, learners will have the opportunity to reflect on their personal development and identify areas for development in the future.

## TIMETABLE INFO

Monday 17:30 — 20:30

## ENTRY GUIDELINES

Minimum of 3 GCSE at grade 3/D or above.

This qualification is not suitable for those who are currently in a state of severe emotional difficulty and/or severe psychological confusion. Please be aware that the course involves experiential elements that will involve some personal disclosure and associated personal developmental activities.

Attendance will be required at an information session prior to start of the course where expectations and readiness to study are assessed.

## EQUIPMENT REQUIRED

You will need to provide an A4 file, plastic wallets, paper & pen. A clipboard to use to take notes in the sessions may be useful.

## ASSESSMENT METHOD

Continuous skills and personal development assessment together with a Learning Review (a written record of your learning experiences and feelings on the course) and a Self Review showing your understanding of what you have learned on the course and how it relates to you. You will be required to complete weekly coursework tasks to create your portfolio of work. All work is submitted via Microsoft Teams. These are externally verified by the awarding organisation.

## ADDITIONAL INFORMATION

90% attendance is required but 100% is expected due to the experiential nature of the course. Please be aware that if your long term goal is to work with vulnerable adults or any person under the age of 18, it will be necessary to undergo a Disclosure and Barring Service (DBS) check at any required college work placement, or eventual place of work.

## WHERE CAN I PROGRESS TO?

Progression on to Level 2 Certificate in Counselling Skills or Level 2 Understanding Substance Misuse.

Explore potential careers via [Career Match](#) — it provides current local data on wages and employment prospects.

**You could progress to these Wirral Met courses:**

- [J087 - Level 2 Certificate in Counselling Skills](#)
- [J185 - CPCAB Understanding Substance Misuse Award](#)
- [J215 - Certificate in Counselling Skills](#)

## WHEN DOES THIS COURSE RUN?

CAMPUS	ATTENDANCE	COURSE CODE	PLANNED TIME TABLE
	Part Time	J018P001	
<b>If you are aged 19 or over:</b>			
Fee : £336.00			
<i>The fee quoted is for the academic year 23/24.</i>			

For advice and guidance, please contact Student Services via our [online enquiry form](#)

This information was current on 08th May, 2024 and may be subject to change.