

Prepare Yourself...

for a career in the Army

Army Preparation course

A 13 week course starting 14 January '08 which prepares candidates for a career in the Army

During the course the learners:

- Identify their chosen career within the Army
- Bring fitness levels up to Army recruitment physical fitness selection test standard
- Develop problem-solving skills and team building activities



Explore aspects of self-discipline within the Army •
Learn how to carry out basic map reading and navigation •
Consider Health, Safety and Emergency Procedures •

- Participate in competitive sports
- Participate in adventurous outdoor activities
- 5 Day Army look at life residential
(Live as a soldier for a week following military programme)

- 2 Day Infantry Training residential at Catterick combined infantry Training Centre
 - Army involvement includes the above and 2 days a week; 1 day in college and 1 day personal development and military skills

Begin your application for a career in the Army

Joining the Army could be the best decision you ever make, it's also a big one, so you're bound to have lots to ask. Introduce yourself to one of the most exciting career paths out there, one that can offer you life experiences few other jobs ever could.

If you think you might have what it takes to join the Army, then give us a call

For further information on this course contact Learner Services - 0151 551 7777 or visit our website at www.wmc.ac.uk

